

The Influence of Self-Efficacy, Soft Skills, Personality, and Emotional Intelligence on Graduate Employability in Malaysian Technical University Network Institutions

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ABSTRACT

This conceptual study examines the influence of self-efficacy, soft skills, and personality traits on graduate employability among final-year students in Malaysian Technical University Network institutions, with emotional intelligence as a moderating factor. Employability is conceptualized as the capacity to secure, maintain, and adapt to employment in dynamic workplace environments. The research adopts a quantitative approach, leveraging Partial Least Squares Structural Equation Modeling (PLS-SEM) to explore direct and moderating effects within a proposed framework. Data from a sample of 370 undergraduate students across four Malaysian Technical University Network institutions were analyzed, incorporating descriptive statistics and hypothesis testing. The framework positions emotional intelligence—defined as the ability to recognize, understand, and regulate emotions—as a critical moderator that enhances the impact of core attributes on perceived employability. Findings are anticipated to highlight the key competencies that drive employability, offering actionable insights for curriculum development and targeted educational interventions. This study aims to inform policies and practices in higher education, ensuring graduates are better equipped to meet labor market demands and succeed in their professional careers.

Keywords: Emotional Intelligence, Graduate Employability, Malaysian Technical University Network, Personality, Self-Efficacy, Soft Skills

1. INTRODUCTION

Graduate employability has become a global concern for higher education institutions due to the rapidly evolving job market. Employers now demand a combination of academic knowledge, technical expertise, and essential soft skills from graduates. However, despite efforts to align academic qualifications with market needs, many graduates struggle to secure employment because of deficiencies in non-technical skills such as self-efficacy, soft skills, personality traits, and emotional intelligence (Brown & Hesketh, 2004). These personal attributes play a pivotal role in meeting the job market's requirements for new graduates.

Recent labor market data highlights these challenges. For instance, Malaysia's workforce grew to 16.54 million in the final quarter of 2022, with a labor force participation rate of 69.5%. Despite this growth, Malaysian universities face challenges in employability rankings. The QS Graduate Employability Rankings 2023 reveal a strong correlation between a nation's economic progress and the employability of its graduates. Notably, universities within the Malaysian Technical University Network (MTUN) consistently rank lower in comparison to global institutions, exposing gaps in preparing graduates for workforce demands.

The global job market's rapid evolution has intensified the need for graduates to possess a balanced mix of technical expertise, personal attributes, and transferable skills. However, the existing educational frameworks have yet to fully address these gaps, particularly within the Malaysian Technical University Network (MTUN) institutions. This highlights the urgency of empirical research to identify the key predictors of employability and develop strategies to embed these insights into higher education curricula.

1.1 Malaysian Technical University Network (MTUN)

The Malaysian Technical University Network (MTUN) comprises four prominent technical universities: Universiti Tun Hussein Onn Malaysia (UTHM), Universiti Malaysia Perlis (UniMAP), Universiti Malaysia Pahang Al-Sultan Abdullah (UMPSA), and Universiti Teknikal Malaysia Melaka (UTeM). MTUN's mission is centered on advancing technical and vocational education, particularly in engineering and technology (Talib, 2018). Through industry-relevant programs, cutting-edge research, and strategic collaborations with industries and governmental organizations, MTUN aims to cultivate graduates equipped with both technical expertise and essential employability attributes (Lee & Ibrahim, 2020). These efforts significantly contribute to Malaysia's economic development and technological innovation.

Extensive research highlights the vital role of technical and vocational education within Malaysia's educational framework, positioning MTUN as a cornerstone of workforce development (Talib, 2018). Collaborations between academic institutions and industries, as emphasized by Lee and Ibrahim (2020), effectively bridge skill gaps, aligning MTUN's objectives with broader workforce development strategies. The Ministry of Higher Education (MOHE) has consistently acknowledged MTUN's contributions to elevating technical education standards (MOHE, 2021). Furthermore, industry reports from the Malaysian Institute of Economic Research (MIER) emphasize the pivotal role of technical education in enhancing Malaysia's workforce capabilities and cite MTUN's initiatives as key drivers of progress in the technical sector (MIER, 2022). Despite MTUN's noteworthy initiatives, its member institutions face challenges in addressing employability gaps.

This study examines self-efficacy, soft skills, personality traits, and emotional intelligence as predictors of graduate employability, while also exploring disparities in employability rankings among MTUN institutions and proposing curriculum improvements. The study is guided by three objectives, each linked to the following hypotheses:

Objective 1: To explore the relationship between self-efficacy, soft skills, personality traits, and emotional intelligence as predictors of graduate employability among final-year students in MTUN institutions.

This objective is addressed by hypotheses H1, H2, and H3, which examine how self-efficacy, soft skills, and personality traits directly influence graduate employability.

H1: Self-efficacy (SE) directly influences graduate employability (GE).

H2: Soft skills (SS) directly influence graduate employability (GE).

H3: Personality directly influences graduate employability (GE).

Objective 2: To analyze statistical factors contributing to differences in employability rankings among MTUN institutions.

This objective looks at how various factors differ across institutions, affecting employability outcomes, though it is not tied directly to specific hypotheses.

Objective 3: To evaluate the effectiveness of curriculum integration strategies in developing employability skills and their impact on graduates' job market readiness.

This objective is reflected in hypotheses H4, H5, and H6, which explore how emotional intelligence (EI) affects the relationship between self-efficacy, soft skills, personality, and graduate employability.

H4: Emotional intelligence (EI) moderates the relationship between self-efficacy and graduate employability (GE).

H5: Emotional intelligence (EI) moderates the relationship between soft skills and graduate employability (GE).

H6: Emotional intelligence (EI) moderates the relationship between personality and graduate employability (GE).

In summary, the objectives and hypotheses are interconnected. The first objective examines the direct impact of self-efficacy, soft skills, and personality on graduate employability (H1–H3). The second objective focuses on differences in employability across institutions. The third objective explores the moderating role of emotional intelligence (H4–H6) in shaping employability outcomes. Together, they provide a comprehensive look at factors affecting graduate employability in MTUN institutions.

Table 1 QS Graduate Employability Rankings 2023 By Employer Reputation among Malaysian Public Universities

Rank (Asia)	Malaysian Public Universities	Employer Reputation Key Performance
10	Universiti Malaya (UM)	99.1
35	Universiti Sains Malaysia (USM)	87.8
38	Universiti Kebangsaan Malaysia (UKM)	85.5
41	Universiti Putra Malaysia (UPM)	83.3
45	Universiti Teknologi Malaysia (UTM)	80.3
61	Universiti Teknologi MARA (UiTM)	70.8
99	Universiti Utara Malaysia (UUM)	45.5
127	International Islamic University Malaysia (IIUM)	34.5
187	Universiti Malaysia Sabah (UMS)	21.3
189	Universiti Pendidikan Sultan Idris (UPSI)	21.1
209	Universiti Malaysia Sarawak (UNIMAS)	17.9
226	Universiti Malaysia Pahang Al-Sultan Abdullah (UMPASA)	16.3
251+	Universiti Tun Hussein Onn Malaysia (UTHM)	14.4
251+	Universiti Teknikal Malaysia Melaka (UteM)	10.7
251+	Universiti Malaysia Perlis (UniMAP)	10.6

Source: QS Graduate Employability Rankings (2023)

Table 1 illustrates the QS Graduate Employability Rankings 2023, emphasizing employer reputation among Malaysian public universities. These rankings demonstrate significant variability in performance. For instance, Universiti Malaya ranks 10th in Asia with an employer reputation score of 99.1, whereas Universiti Malaysia Pahang Al-Sultan Abdullah ranks 226th with a score of 16.3. Similarly, MTUN institutions such as Universiti Tun Hussein Onn Malaysia (UTHM), Universiti Teknikal Malaysia Melaka (UteM), and Universiti Malaysia Perlis (UniMAP)

are ranked 251+ with scores of 14.4, 10.7, and 10.6, respectively (QS Top Universities, 2023). This stark disparity demonstrates the need for targeted interventions to enhance employer reputation and employability outcomes within MTUN.

MTUN's mission to produce industry-ready graduates is increasingly critical given employer demands for strong digital skills, STEM expertise, and collaborative competencies (Times Higher Education, 2023). Top-ranking institutions, as highlighted in the Global Employability University Ranking and Survey, excel in producing graduates who demonstrate not only technical proficiency but also leadership and social impact (Times Higher Education, 2023).

In response to these challenges, this study examines the influence of self-efficacy, soft skills, personality traits, and emotional intelligence on graduate employability among MTUN students. Moreover, it explores strategies for aligning MTUN curricula with employer expectations, emphasizing the integration of employability skills through curricular, co-curricular, and extracurricular activities. Yorke (2006) and Dearing (1997) advocate for embedding employability skills within academic curricula and incorporating internships and work-integrated learning to address gaps between academic education and real-world demands. Additionally, Tchibozo (2007) highlights the critical role of extracurricular activities in fostering soft skills such as teamwork, communication, and leadership.

In summary, improving graduate employability necessitates a multifaceted approach that combines academic rigor with the development of non-technical competencies and practical experiences. This strategy not only addresses the evolving demands of the labor market but also equips graduates to meet employer expectations more effectively (Gribble, 2014; Green & Rayner, 2019).

2. LITERATURE REVIEW

This chapter discusses the past literature on the variables that influence graduate employability in the context of individual characteristics among the Malaysian Technical University Network (MTUN) institutions. The chapter explains the definitions of the dependent variable, independent variables, and moderating variables, providing a comprehensive understanding of each term, definition, and element within the GE research topic. Furthermore, the chapter explores the relationship between the independent variables and the dependent variable, highlighting inconsistencies, and examines the relationship between the moderator and the independent variables. Finally, a summary of the chapter encapsulates the key points discussed.

2.1 Graduate Employability

Graduate employability (GE) refers to a graduate's ability to secure and maintain employment, including career progression. This concept encompasses acquiring job market-relevant knowledge and skills and developing personal and social characteristics that enhance an individual's potential for employment (Becker, 1964). Human Capital Theory underscores education and training's importance in boosting individual productivity and employability (Becker, 1964).

Empirical studies illustrate employability's multifaceted nature, influenced by individual traits and educational experiences. For example, research by Zhang et al. (2022) in China revealed a positive correlation between course settings, teaching methods, club activities, and employability (Zhang, 2022). Studies by Zhu (2014) and Peng (2014) emphasize learning and innovation abilities as critical components of employability (Zhu, 2014; Peng, 2014). This literature review explores various factors affecting graduates' transition to the workforce, highlighting the

importance of a wide range of skills, including academic performance, technical skills, communication skills, personality traits, leadership, and teamwork (Hosain et al., 2021; Weligamage & Siengthai, 2003; Paddi, 2014; Liyanage et al., 2016).

Challenges in aligning educational outcomes with labor market demands are also a focal point. Research by Mason et al. (2009) and the OECD highlights skills gaps, misalignment between educational offerings and market needs, sector-specific skill shortages, and representation issues in higher education (Mason et al., 2009; OECD, 2009). Addressing these challenges requires strategic policy initiatives and enhanced coordination among higher education stakeholders. This review positions GE as a complex concept shaped by individual traits and educational experiences, emphasizing the need for strategic planning to bridge the education-employment gap.

2.2 Self-Efficacy (SE)

Self-Efficacy (SE) refers to individuals' belief in their ability to execute specific tasks or behaviors to achieve desired outcomes, shaping their coping mechanisms and emotional responses in various situations (Bandura, 1992). This concept is foundational to understanding how individuals navigate challenges and pursue goals. Recent studies, such as Fong et al. (2021), emphasize that higher levels of SE foster resilience and motivation in addressing career-related challenges, while Mahmood et al. (2022) underscore its critical role in developing employability skills, particularly in developing countries. SE influences individuals' persistence and effort, with those exhibiting higher SE demonstrating greater determination in job searching (Bandura, 1992). Moreover, individuals with elevated SE are more likely to set ambitious career goals and actively pursue opportunities (Eden & Aviran, 1993). It is important to distinguish SE from general confidence; SE specifically reflects belief in achieving targeted outcomes, whereas confidence represents a more general sense of self-assurance (Bandura, 1977). General SE, as described by Chen et al. (2004), pertains to a person's perceived ability to perform across various contexts, further underscoring its relevance to employability.

This study adopts Social Cognitive Theory (SCT) as a primary theoretical framework, which positions SE as a critical determinant of attitudes and behaviors. According to SCT, SE shapes an individual's capacity to confront challenges by leveraging mastery experiences, social modeling, and emotional regulation (Bandura, 1986). Within the context of graduate employability (GE), SCT provides an explanatory lens to understand how graduates develop confidence, persistence, and readiness to navigate complex labor market demands. For instance, research by Betz and Hackett (1983) and McMahan (2019) illustrates that students with high SE actively engage in career planning, thereby enhancing their employment prospects. In the specific context of Malaysian Technical University Network (MTUN) institutions, SE plays a pivotal role by enabling graduates to adopt proactive job search behaviors, exhibit confidence in job-related tasks, and adapt effectively to workplace environments (Brown & Lent, 2016; Johnson & Smith, 2019; Petruzzello, 2020).

Further connecting to the study, Human Capital Theory (HCT) complements the role of SE by framing employability as a function of skills, knowledge, and personal attributes that enhance productivity and marketability (Becker, 1964). SE aligns with HCT as a psychological resource that facilitates the acquisition and application of skills critical for career success. This study leverages HCT to explore how SE, as an individual psychological trait, interacts with other key factors such as personality, emotional intelligence, and soft skills, ultimately contributing to graduates' employability outcomes. By integrating SCT and HCT, the study bridges individual capabilities with educational strategies, providing a comprehensive framework to examine employability within the MTUN context.

These theoretical underpinnings directly inform the study's research objectives and hypotheses. SE is identified as a crucial predictor of perceived GE, serving as a mediating factor that links individual psychological resources with career readiness and workforce integration. The inclusion of SCT and HCT not only contextualizes SE within broader educational and workforce development paradigms but also guides the investigation of how targeted interventions can enhance employability outcomes for MTUN graduates.

H₁: There is a direct influence of between SE on perceived GE among the final year students in MTUN institutions.

2.3 Soft Skills

Soft skills are a set of interpersonal and behavioral abilities that enhance an individual's capacity to collaborate effectively with others and achieve success in their career. These skills—such as communication, teamwork, and problem-solving—complement technical expertise and are increasingly recognized by employers as critical for workplace success (Robles, 2012). Recent studies, including Kaplan (2022), highlight the growing importance of soft skills in navigating a rapidly changing job market, particularly their role in bridging the gap between theoretical academic knowledge and practical workplace demands. Moreover, research by Teng and Ramasamy (2021) demonstrates that graduates with advanced soft skills are better prepared to meet industry expectations, particularly in sectors that require adaptability and innovation. By fostering positive workplace relationships, facilitating effective teamwork, and enhancing job performance, soft skills play an essential role in career development and organizational success (Robles, 2012).

This research is underpinned by Human Capital Theory (HCT), which views individual attributes such as skills and knowledge as investments that increase productivity and employability (Becker, 1964). Within this theoretical framework, soft skills are considered vital components of graduate employability (GE), equipping individuals with the tools to navigate complex workplace environments and contribute effectively to organizational goals. Empirical evidence supports this perspective, with studies identifying communication skills, teamwork, and problem-solving abilities as key predictors of employability (James, 2004; Ibrahim & Mistree, 2019). For instance, Sally et al. (2021) found that soft skills such as integrity, learnability, and motivation significantly enhance employability in Malaysian technology companies. Similarly, Succi and Canovi (2020) emphasize the need for universities to integrate soft skills development into their curricula to prepare graduates for real-world challenges, particularly in dynamic and competitive job markets.

Furthermore, Social Cognitive Theory (SCT) provides additional insight into how soft skills influence GE. SCT emphasizes the role of learned behaviors and interpersonal competencies in shaping career outcomes (Bandura, 1986). This perspective aligns with research suggesting that graduates with strong soft skills are more likely to engage effectively with peers and employers, adapt to workplace dynamics, and contribute meaningfully to their professions (Clarke, 2017; Balcar, 2016). In the specific context of Malaysian Technical University Network (MTUN) institutions, the application of SCT highlights the importance of fostering soft skills to bridge the gap between academic training and industry requirements, thereby enhancing graduates' career readiness.

The integration of these theoretical perspectives—HCT and SCT—into this research underscores the significance of soft skills in influencing employability outcomes. By linking soft skills development to the principles of HCT and SCT, the study examines how these skills enable graduates to transition successfully from academic settings to the workforce. This connection also informs educational strategies aimed at embedding soft skills training into curricula to enhance workforce integration and professional success.

H₂: There is a direct influence of soft skills on perceived GE among the final year students in MTUN institutions.

2.4 Personality

Personality, represented by traits such as conscientiousness, extraversion, and emotional stability, plays a pivotal role in shaping employability outcomes. The Big Five Personality Trait Theory, which encompasses openness, conscientiousness, extraversion, agreeableness, and neuroticism, provides a robust framework for understanding how these traits influence workplace behaviors and job performance (Costa & McCrae, 1992). Recent studies, such as Lievens et al. (2021), highlight the direct impact of conscientiousness and emotional stability on adaptability and leadership capabilities in dynamic job environments. Similarly, Sharma et al. (2022) found that traits like extraversion and agreeableness are highly valued in roles requiring effective collaboration and communication, further underscoring the critical importance of personality in employability.

This research is grounded in the Big Five Personality Trait Theory to examine the role of personality in influencing graduate employability (GE), particularly among students at Malaysian Technical University Network (MTUN) institutions. The theory emphasizes how personality traits drive behaviors such as resilience, adaptability, and interpersonal effectiveness—skills that are essential for thriving in today's competitive job market. Empirical evidence further supports these connections. For instance, conscientiousness, extraversion, and emotional stability have been positively linked to improved job performance and employability outcomes (Barrick & Mount, 1997; Salgado, 1997). Moreover, Sackett and Walmsley (2014) identified these traits as significant predictors of job satisfaction and long-term career success, while Harris et al. (2017) underscored their role in fostering teamwork and improving organizational fit.

To complement this understanding, Social Cognitive Theory (SCT) offers additional insights into how learned behaviors and environmental interactions influence the practical application of personality traits in professional contexts (Bandura, 1986). According to SCT, personality traits interact with external factors to shape behaviors that contribute to employability. Within the MTUN context, traits such as conscientiousness and extraversion enable graduates to effectively navigate workplace challenges, adapt to new environments, and collaborate efficiently with diverse teams. This alignment between personality and employability highlights the importance of integrating personality development into educational strategies to bridge the gap between academic training and the demands of the workforce.

By combining insights from the Big Five Personality Trait Theory and SCT, this research explores how personality traits inform graduates' employability outcomes, offering a framework for understanding how these traits contribute to workplace success. These theories inform the study by providing evidence-based foundations to examine personality's role in shaping employability, especially for final-year students at MTUN institutions.

H₃: There is a direct influence of personality on perceived GE among the final year students in MTUN institutions.

2.5 Emotional Intelligence (EI) as Moderator

Emotional Intelligence (EI) refers to the ability to identify, comprehend, manage, and effectively utilize emotions in oneself and others. It plays a pivotal role in career success by enhancing self-motivation, stress management, interpersonal communication, and decision-making (Goleman, 1995). Recent research, such as Wong et al. (2021), underscores the rising importance of EI in modern workplaces, where emotional regulation and social intelligence are critical for achieving

collaborative success. Similarly, Joseph and Newman (2022) highlight that EI significantly enhances adaptability and decision-making, particularly in high-pressure or dynamic environments. Beyond its direct impact on individual performance, EI moderates the relationships between self-efficacy (SE), soft skills, personality traits, and graduate employability (GE), shaping overall employability outcomes (Mayer et al., 2008).

This study is anchored in Emotional Intelligence Theory, which posits that individuals with higher EI are better equipped to navigate emotional challenges and foster positive interpersonal relationships (Salovey & Mayer, 1990). Within this theoretical framework, EI acts as a moderating variable, amplifying the influence of SE, soft skills, and personality traits on employability. For instance, Matthews et al. (2004) demonstrated that EI moderates the relationship between SE and personality traits, enhancing adaptability in ever-changing work environments. Furthermore, graduates with both high SE and EI are better positioned to leverage essential soft skills such as communication and teamwork, equipping them to thrive in increasingly complex workplaces.

In the context of Malaysian Technical University Network (MTUN) institutions, the role of EI in moderating employability factors is particularly critical. Social Cognitive Theory (Bandura, 1986) complements this perspective by explaining how EI interacts with learned behaviors, emotional regulation, and interpersonal dynamics to shape career readiness. For example, students with high EI and SE exhibit greater determination, resilience, and problem-solving capabilities, which are essential for navigating job market challenges. EI also moderates the influence of soft skills on workplace performance by enabling graduates to manage interpersonal conflicts and foster effective teamwork. Moreover, EI enhances the impact of personality traits such as openness, conscientiousness, and emotional stability, promoting adaptability, collaboration, and long-term career success (Matthews et al., 2004; Wong et al., 2021).

By integrating Emotional Intelligence Theory and Social Cognitive Theory, this research highlights the role of EI as a catalyst that bridges personal attributes—such as SE, soft skills, and personality traits—with employability outcomes. EI's moderating role emphasizes the importance of incorporating its development into educational frameworks, particularly within MTUN institutions, to prepare graduates for the emotional and social complexities of the contemporary job market. Current studies, including Wong et al. (2021) and Joseph and Newman (2022), support this argument, offering empirical evidence of EI's critical role in employability.

H₄: There is an indirect influence of SE on perceived GE among the final year students in MTUN institutions, as moderated by EI.

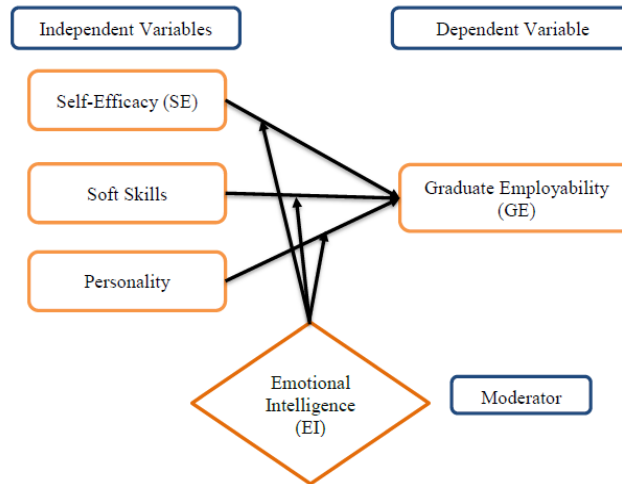
H₅: There is an indirect influence of soft skills on perceived GE among the final year students in MTUN institutions, as moderated by EI.

H₆: There is an indirect influence of personality on perceived GE among the final year students in MTUN institutions, as moderated by EI.

This literature review has thoroughly examined the factors influencing graduate employability (GE) within the Malaysian Technical University Network (MTUN) context. Through discussions on self-efficacy, soft skills, personality traits, and emotional intelligence, it highlights their pivotal roles in shaping employability outcomes. Anchored in theoretical frameworks such as Human Capital Theory, Social Cognitive Theory, and the Big Five Personality Trait Theory, the review emphasizes the dynamic interplay between individual attributes and workforce readiness. Furthermore, it identifies critical gaps in aligning educational curricula with labor market demands, underscoring the need for strategic interventions to address these challenges. By synthesizing existing research and theoretical perspectives, this chapter establishes a solid foundation for the study's empirical investigation, with the goal of offering practical

recommendations to enhance graduate employability and better equip students to meet the demands of an ever-evolving job market.

Figure 1. Research Framework



2.6 Underpinning Theories

This research explores four influential theories: Social Cognitive Theory, Human Capital Theory, Big Five Personality Trait Theory, and Emotional Intelligence Theory.

Social Cognitive Theory (SCT), developed by Albert Bandura, posits that learning occurs in a social context and that much of what is learned is gained through observation. SCT emphasizes the role of cognitive processes in the acquisition of behaviors, suggesting that individuals learn by watching others. This observational learning is influenced by factors such as attention, retention, reproduction, and motivation. Key components of SCT include observational learning, self-efficacy, and reciprocal determinism, which is the interaction of behavior, personal factors, and the environment (Bandura, 1986).

Human Capital Theory, developed by economists like Gary Becker and Theodore Schultz, suggests that individuals and society derive economic benefits from investments in people, such as education, training, and health. The theory views these investments as means to enhance an individual's productivity and earning potential. It posits that higher education and training improve skills and knowledge, leading to increased productivity and economic returns. The concept of human capital encompasses the collective skills, knowledge, and attributes possessed by individuals that contribute to economic growth (Becker, 1964).

The Big Five Personality Trait Theory, also known as the Five-Factor Model (FFM), identifies five broad dimensions of personality used to describe human personality. These five factors are openness, conscientiousness, extraversion, agreeableness, and neuroticism (OCEAN). Openness involves creativity and a willingness to try new experiences. Conscientiousness is characterized by organization, dependability, and discipline. Extraversion refers to sociability, assertiveness, and enthusiasm. Agreeableness includes traits such as compassion, cooperativeness, and friendliness. Neuroticism describes a tendency towards emotional instability and negative emotions (McCrae & Costa, 1999).

Emotional Intelligence (EI) Theory, popularized by Daniel Goleman, refers to the ability to recognize, understand, and manage one's own emotions, as well as the emotions of others. EI is

seen as a critical factor in personal and professional success. It includes components such as self-awareness (recognizing one's emotions and their effects), self-regulation (managing one's emotions healthily and constructively), motivation (being driven to achieve for the sake of achievement), empathy (understanding and sharing the feelings of others), and social skills (managing relationships to move people in desired directions) (Goleman, 1995). These theories provide valuable frameworks for understanding various aspects of human behavior, personality, and development.

3. RESEARCH METHODOLOGY

This concept paper adopts a survey-based research design, justified by its proven effectiveness in collecting standardized data from large populations. As Babbie (2020) asserts, surveys are particularly suitable for explanatory and descriptive research, enabling efficient data collection and the analysis of relationships among variables. Similarly, Creswell and Creswell (2018) highlight the flexibility and cost-effectiveness of survey methods, which facilitate the capture of diverse perspectives on complex constructs. Additionally, Groves et al. (2009) emphasize that well-designed surveys enhance reliability and validity, ensuring accurate measurement of variables and robust findings. These attributes make surveys an ideal choice for this study, which aims to investigate the relationships among self-efficacy (SE), soft skills (SS), personality, emotional intelligence (EI), and graduate employability (GE) within the Malaysian Technical University Network (MTUN).

The study was conducted with undergraduate final-year students from four MTUN institutions: Universiti Tun Hussein Onn Malaysia (UTHM), Universiti Malaysia Perlis (UniMAP), Universiti Teknikal Malaysia Melaka (UTeM), and Universiti Malaysia Pahang Al-Sultan Abdullah (UMPSA). Collectively, these institutions represent a total population of 10,305 students based on the most recent enrollment data (UMP, 2019; UniMAP, 2019; Kementerian Pengajian Tinggi, 2020). To ensure a representative sample size, the study adhered to Krejcie and Morgan's (1970) sampling table, which recommends a sample size of 370 students for a population of this size. This approach enabled the derivation of generalizable insights into the MTUN student population. The study proposes to examine three independent variables—self-efficacy (SE), soft skills (SS), and personality—and one dependent variable, graduate employability (GE), with emotional intelligence (EI) serving as a moderating variable. Figure 1 illustrates the proposed research framework, which serves as a guide for exploring the relationships among these variables. In addition, content validity was ensured through expert reviews of the survey instrument, aligning the items with the study's objectives. A pilot test was conducted to assess the reliability and clarity of the questionnaire, enabling refinements prior to full-scale implementation. This process further supports the methodological rigor of the survey-based approach.

3.1 Instrumentation

In Section 3.1, Instrumentation, the selection of appropriate instruments is crucial for ensuring the validity and reliability of the findings. A questionnaire was chosen as the primary instrument for data collection. Table 2 presents the structure of the questionnaire, outlining the variables, measurements, and total items. These items were selected based on validated scales with established reliability and consistency from prior studies (Zohrabi, 2013).

The Structure of the Questionnaire (Table 2) provides a comprehensive overview of the constructs assessed in the study, including the dependent variable (Graduate Employability), independent variables (Self-Efficacy, Soft Skills, and Personality), and the moderating variable (Emotional Intelligence). Each section specifies the total number of items used for measurement, along with the validated sources from which the scales were adapted. This structure ensures a

strong alignment between the study's objectives and theoretical constructs, establishing a solid foundation for the data collection process.

Table 2 Structure of Questionnaire Set

Section	Measurement	Total Items	Resources
A	Graduate Employability (GE)	12	(Vargas et al., 2018)
B	Self-Efficacy (SE)	10	(Schwarzer & Jerusalem, 1995)
C	Soft Skills	8	(Ramlan & Ngah, 2015)
D	Personality	10	(Rammstedt & John, 2007)
E	Emotional Intelligence (EI)	17	(Khraisat et al., 2015)

In Section 3.1, Instrumentation, the choice of appropriate instruments is essential for ensuring the validity and reliability of the study's findings. A questionnaire was selected as the primary data collection tool, providing a structured approach to measuring the key variables of interest. Table 2 presents a detailed description of the questionnaire, including the variables, measurements, and total items for each section. The table ensures that each variable is measured with precision and reliability, using established scales that are adapted to the study's context. A clear explanation of the content and relevance of each table is provided to highlight their contribution to the study's objectives.

The first section, Graduate Employability (GE), measures the dependent variable with 12 items adapted from Vargas et al. (2018). This section evaluates students' ability to secure and maintain employment, focusing on adaptability, skills application, and market readiness. Understanding GE is central to the study, as it represents the primary outcome influenced by the independent and moderating variables. The second section, Self-Efficacy (SE), contains 10 items derived from Schwarzer & Jerusalem (1995). This well-validated scale captures individuals' belief in their ability to perform tasks effectively. SE is a crucial independent variable in the research, hypothesized to have a direct effect on GE, with moderation by Emotional Intelligence (EI).

The third section, Soft Skills (SS), measures interpersonal and behavioral competencies essential for workplace success. Using 8 items adapted from Ramlan & Ngah (2015), this section assesses critical skills such as communication, teamwork, and problem-solving. SS is examined as an independent variable that significantly contributes to employability outcomes. The fourth section, Personality, evaluates traits based on the Big Five Personality dimensions, including conscientiousness, openness, and extraversion. This section uses 10 items adapted from Rammstedt & John (2007) to explore how personality traits influence employability and interact with other factors. Personality is an essential independent variable in the study's framework.

The final section, Emotional Intelligence (EI), serves as the moderating variable. It includes 17 items adapted from Khraisat et al. (2015) that measure EI dimensions such as self-regulation, empathy, and social awareness. This section investigates EI's role in moderating the relationships between SE, SS, personality, and GE, underscoring its importance in enhancing employability.

As shown in Table 2, each variable is measured with well-established, validated scales tailored to the study's context. The structure of the questionnaire ensures that the constructs are operationalized effectively, providing a robust foundation for data collection and supporting the study's goal of understanding the complex relationships between individual characteristics and graduate employability within the MTUN context.

3.2 Content Validity and Pilot Tests

Content validity and pilot tests was ensured to confirm that the research instrument effectively measures the intended constructs. This was achieved through expert evaluations, as recommended by Zohrabi (2013), who emphasized the importance of aligning questionnaire items with theoretical constructs to ensure the instrument's accuracy and relevance. Additionally, a pilot test was conducted with a small subset of respondents from the target population. Pilot testing is vital for identifying potential design issues and improving the clarity and reliability of the instrument (Polit et al., 2001; Teijlingen et al., 2002).

The pilot test allowed for refinement of the questionnaire's phrasing, sequence, and response options. It also validated the research process, including the methods for distributing the questionnaire, ensuring that the instrument was fully prepared for the subsequent data collection phase.

3.3 Data Analyses

This study employed Partial Least Squares Structural Equation Modeling (PLS-SEM) for data analysis. PLS-SEM is particularly effective for analyzing complex models with multiple constructs and smaller sample sizes, making it suitable for this research context. This method enables simultaneous evaluation of measurement and structural models, offering robust insights into relationships among variables (Hair et al., 2022).

Therefore, data analysis for this study follows a structured process using Partial Least Squares Structural Equation Modeling (PLS-SEM) to evaluate both measurement and structural models effectively. First, the measurement model evaluation assesses the reliability and validity of the constructs. Convergent validity is established through factor loadings, composite reliability, and average variance extracted (AVE). Discriminant validity is evaluated using the Fornell-Larcker criterion and the HTMT ratio. Internal consistency of the constructs is ensured through Cronbach's alpha and composite reliability metrics. Next, the structural model evaluation focused on testing the significance and strength of the path coefficients to determine the relationships among variables. Predictive relevance (Q^2) is analyzed using blindfolding procedures, and the variance explained (R^2) is calculated to assess the explanatory power of the model. Following this, a moderating effect analysis is conducted to examine how emotional intelligence (EI) influences the relationships between self-efficacy (SE), soft skills, personality, and graduate employability (GE). Interaction terms are incorporated into the model to test the significance of these moderating effects.

Finally, visualization techniques are employed to present the results. Structural path diagrams generated using SmartPLS software illustrate the relationships, interactions, and variances explained in a clear and comprehensible format. This approach ensures a comprehensive analysis of the proposed model and facilitates the derivation of actionable insights.

3.4 Distribution of Questionnaires

The questionnaire is distributed online via email or digital forms, depending on the preferences and logistical considerations of the MTUN institutions. Table 3 provides a clear and detailed explanation of the questionnaire structure, mapping variables to their respective items. The table outlines the sections, the number of items for each variable, and the polarity (positive/negative) of the items, offering a comprehensive view of how each construct is measured and its relevance to the study.

Table 3 The Questionnaire Structure

Variables		Positive/Negative	Section(Total Number)	Item Number
Graduate (GE)	Employability		A (12)	1 - 12
Self-Efficacy (SE)			B (10)	1 - 10
Soft Skills		Positive	C (8)	1 - 8
Personality			D (10)	1 - 10
Emotional (EI)	Intelligence	Positive	E (17)	1 - 17

Table 3 provides a detailed overview of the variables included in the study, their respective sections, the polarity (positive/negative) of the items, the total number of items for each construct, and the item numbers. This structured layout ensures that the variables are measured effectively and are aligned with the study’s objective of exploring factors influencing graduate employability (GE) among MTUN students.

The **dependent variable, Graduate Employability (GE)**, is presented in **Section A**, consisting of 12 items (Items 1–12). These items assess students' ability to secure and maintain employment, reflecting their readiness to meet labor market demands. As the primary outcome of the study, GE integrates the effects of the independent variables and the moderating variable. The **first independent variable, Self-Efficacy (SE)**, is captured in **Section B**, which includes 10 items (Items 1–10). These items measure students' confidence in their ability to perform tasks and handle challenges effectively. SE is a critical predictor of GE and is analyzed in conjunction with other variables.

The **second independent variable, Soft Skills (SS)**, is measured in **Section C**. This section includes 8 positive items (Items 1–8), evaluating essential interpersonal and behavioral competencies such as communication, teamwork, and problem-solving. These skills are crucial for students' transition into the professional workforce.

The **third independent variable, Personality**, is addressed in **Section D**, consisting of 10 items (Items 1–10). This section evaluates personality traits, including conscientiousness, openness, and extraversion, which significantly influence employability outcomes and workplace adaptability.

The **moderating variable, Emotional Intelligence (EI)**, is measured in **Section E**, with 17 positive items (Items 1–17). These items capture EI dimensions such as emotional regulation, empathy, and interpersonal effectiveness. EI is expected to moderate the relationships between SE, SS, personality, and GE, highlighting its essential role in enhancing employability.

Table 3 ensures a systematic and organized approach to data collection by clearly specifying the polarity of the items, their section allocations, and the total number of items for each variable. This layout facilitates precise measurement of constructs, enhancing the study's validity and reliability, and ensuring alignment with its objectives. Overall, this methodology provides a structured approach to investigating the relationships among self-efficacy, soft skills, personality, and graduate employability, with emotional intelligence as a moderating variable. By utilizing a survey-based research design, validated through content validity and pilot testing, and analyzing the data with PLS-SEM, the study ensures methodological rigor and practical relevance. This approach aims to offer insights into the factors influencing graduate employability within the MTUN context.

4. EXPECTED RESULTS

To test the hypotheses in this study, a structured approach will be followed, utilizing data collected through the questionnaire distributed to final-year students in MTUN institutions. The testing process will be based on the proposed hypotheses, which align with the research objectives and past studies, supported by statistical analyses. The hypotheses are as follows:

H1: There is a direct influence of self-efficacy (SE) on perceived graduate employability (GE) among final-year students in MTUN institutions.

H2: There is a direct influence of soft skills (SS) on perceived GE among final-year students in MTUN institutions.

H3: There is a direct influence of personality on perceived GE among final-year students in MTUN institutions.

H4: There is an indirect influence of SE on perceived GE among final-year students in MTUN institutions, as moderated by emotional intelligence (EI).

H5: There is an indirect influence of soft skills on perceived GE among final-year students in MTUN institutions, as moderated by EI.

H6: There is an indirect influence of personality on perceived GE among final-year students in MTUN institutions, as moderated by EI.

First, data will be collected using the validated questionnaire. This instrument was thoroughly tested for content validity and underwent pilot testing to ensure its reliability and clarity. Once the data is collected, it will be organized and prepared for analysis. Descriptive statistics will be used initially to summarize the demographic characteristics of the sample and the distribution of responses for each variable, including self-efficacy (SE), soft skills (SS), personality, emotional intelligence (EI), and graduate employability (GE). This will provide an overview of the data, allowing for a better understanding of the sample and the variables under study.

Next, reliability testing will be conducted to assess the internal consistency of the measurement instruments used in the study. Cronbach's Alpha will be applied to ensure that the scales are reliable and provide consistent results across the different items within each construct. The primary method for testing the hypotheses will be Partial Least Squares Structural Equation Modeling (PLS-SEM). This method will allow the study to examine the relationships between variables in a comprehensive manner. The direct effects of self-efficacy (H1), soft skills (H2), and personality (H3) on graduate employability (GE) will be tested to determine the influence of these independent variables on the dependent variable. Additionally, the study will test the indirect effects of these variables on GE as moderated by emotional intelligence (H4, H5, and H6). This will help to identify the moderating role of EI and how it influences the strength and direction of the relationships between the independent variables and GE.

To ensure the robustness of the results, bootstrapping will be used to assess the significance of the path coefficients and the indirect effects. Bootstrapping is a statistical method that allows for the estimation of the precision of the path coefficients, providing a measure of confidence in the findings. Once the analysis is complete, the results will be carefully interpreted to determine whether the hypotheses are supported. Significant path coefficients will provide evidence for the direct and indirect relationships outlined in the hypotheses. If the hypotheses are confirmed, it will indicate that self-efficacy, soft skills, and personality directly influence graduate employability, with emotional intelligence acting as a moderator. Finally, the study will draw conclusions based on these findings. The results will contribute to understanding the key factors

that influence graduate employability, offering valuable insights into the role of individual characteristics and emotional intelligence within the MTUN context.

4.1 Direct Influence of Independent Variables on Graduate Employability (GE)

Self-efficacy (SE) is expected to have a significant positive impact on GE. Based on Schwarzer and Jerusalem (1995) and McMahon (2019), students with higher SE are likely to exhibit standardized beta coefficients (β) ranging from 0.3 to 0.4, demonstrating increased persistence and job confidence. For instance, Schwarzer and Jerusalem (1995) reported a 30% improvement in task performance among individuals with strong SE scores.

Soft skills are anticipated to be a critical predictor of GE, with an effect size ranging from $\beta = 0.35$ to 0.45. Research by Ramlan and Ngah (2015) and Clarke (2017) highlights the importance of communication and teamwork in workplace success. Clarke (2017) found that graduates with well-developed soft skills were 40% more likely to secure employment compared to those lacking these abilities.

Personality traits, including conscientiousness, openness, and extraversion, are expected to contribute positively to GE. Studies by Rammstedt and John (2007) and Harris et al. (2017) suggest that personality traits have a β value of 0.25 to 0.35, indicating their significant role in employability. For instance, Rammstedt and John (2007) observed a 20% increase in employability outcomes among individuals with high conscientiousness.

4.2 Moderating Effect of Emotional Intelligence (EI)

Emotional intelligence (EI) is expected to moderate the relationships between SE, soft skills, personality traits, and GE, amplifying their effects. This moderating effect is anticipated to increase the strength of these relationships by 15–20%, consistent with findings from Khraisat et al. (2015) and Salovey and Mayer (1990). Interaction terms are expected to yield significant p-values (<0.05), and the inclusion of EI as a moderator is likely to increase the explained variance (R^2) for GE.

4.3 Variance Explained (R^2)

The proposed model is expected to explain approximately 50–60% of the variance in GE, aligning with similar studies that employ PLS-SEM (e.g., Hair et al., 2022). Emotional intelligence is projected to enhance the model's explanatory power, increasing R^2 by 10–15%.

4.4 Insights into MTUN Institutions

The study anticipates disparities in GE outcomes across the four MTUN institutions. Students from institutions with stronger industry collaboration programs, such as Universiti Malaysia Pahang Al-Sultan Abdullah, may achieve higher GE scores (mean = 4.2/5) compared to those from institutions with fewer employability-focused initiatives (mean = 3.8/5). This expectation aligns with findings from Vargas et al. (2018), which reported improved outcomes for institutions with robust employability programs.

4.5 Expected Statistical Outcomes from the Sample Size (n = 370)

Using a sample size of 370, as determined by Krejcie and Morgan's (1970) table, it is anticipated that 60–70% of respondents are likely to report moderate to high levels of SE, soft skills, and personality traits. Schwarzer and Jerusalem (1995) noted that approximately 65% of individuals

with high SE exhibited better career adaptability and employability outcomes, a trend expected to be replicated in this study.

These expected results provide a robust framework for understanding the factors influencing graduate employability. By identifying key predictors such as self-efficacy, soft skills, and personality traits, moderated by emotional intelligence, this study offers actionable insights into improving employability outcomes. The anticipated findings underscore the importance of integrating curriculum enhancements and institutional strategies within MTUN to prepare graduates for dynamic workforce demands. This research thus aims to contribute meaningfully to both academic and practical discussions on workforce readiness.

5. CONCLUSIONS, IMPLICATIONS AND IMPLICATIONS

This study underscores the critical interplay between self-efficacy (SE), soft skills, personality traits, and emotional intelligence (EI) in influencing graduate employability (GE). By focusing on the Malaysian Technical University Network (MTUN) context, it highlights how these individual attributes contribute to graduates' readiness for dynamic labor markets. The inclusion of EI as a moderating variable provides new insights into how emotional regulation and interpersonal effectiveness amplify the influence of SE, soft skills, and personality traits on GE. This comprehensive approach addresses gaps in the literature, offering both theoretical advancements and practical recommendations for improving graduate outcomes in technical education.

5.1 Theoretical Implications

The study contributes to the theoretical understanding of employability by integrating **Social Cognitive Theory** (Bandura, 1986), the **Big Five Personality Trait Theory** (Costa & McCrae, 1992), and insights from emotional intelligence frameworks (Goleman, 1995; Salovey & Mayer, 1990). It introduces new knowledge by demonstrating how EI moderates the relationships between SE, soft skills, and personality traits, enhancing GE outcomes. Unlike previous research, which often examines these variables independently, this study offers a cohesive framework that connects psychological attributes, interpersonal skills, and emotional intelligence within the MTUN educational context. This integration highlights the multidimensional nature of employability, emphasizing the role of emotional intelligence in preparing graduates for complex workplace environments.

5.2 Practical Implications

From a practical perspective, the findings provide actionable recommendations for enhancing employability outcomes among MTUN graduates. Educational institutions can design targeted interventions to strengthen SE, such as confidence-building workshops and task-oriented training. Similarly, embedding soft skills development into curricula, including modules on teamwork, communication, and problem-solving, can address employer expectations effectively (Clarke, 2017). Personality traits, particularly conscientiousness and openness, can be supported through career counselling and mentorship programs tailored to individual strengths. The study emphasizes the importance of integrating EI training into career preparation programs, focusing on emotional regulation, empathy, and social awareness to help graduates navigate interpersonal challenges in professional settings. These strategies align with employer demands for well-rounded candidates who possess both technical expertise and interpersonal competencies.

5.3 New Knowledge Contributions

This research provides new knowledge by identifying EI as a critical factor that moderates the relationships between SE, soft skills, and personality traits with GE. The findings demonstrate that graduates with higher EI levels are better equipped to adapt to workplace challenges, making EI a pivotal component of employability. Furthermore, the study extends the application of existing psychological and interpersonal theories to the technical education sector, offering a context-specific understanding of employability within MTUN institutions. These contributions address gaps in prior research and provide a foundation for future studies to explore similar dynamics in other educational and cultural contexts.

5.4 Limitations and Future Research Directions

While this study offers valuable insights, it has certain limitations. The focus on final-year students in MTUN institutions may restrict the generalizability of the findings to other educational settings or industries. Future research could expand the sample to include graduates across diverse fields and institutions, providing a broader understanding of employability dynamics. Additionally, this study's cross-sectional design limits its ability to capture changes over time; longitudinal studies are recommended to examine the long-term impact of SE, soft skills, personality traits, and EI on employability. Combining quantitative methods with qualitative approaches, such as interviews and focus groups, could offer deeper insights into the lived experiences of graduates and their career trajectories.

In conclusion, this study emphasizes the importance of self-efficacy, soft skills, personality traits, and emotional intelligence in shaping graduate employability within MTUN institutions. By exploring the relationships among these variables, it provides a comprehensive framework for understanding and enhancing employability outcomes. The findings highlight the need for targeted educational strategies, including EI training and personalized career development programs, to prepare graduates for complex and evolving labor markets. These contributions advance theoretical frameworks and offer practical recommendations for creating a resilient and adaptable workforce ready to meet the demands of the modern economy.

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